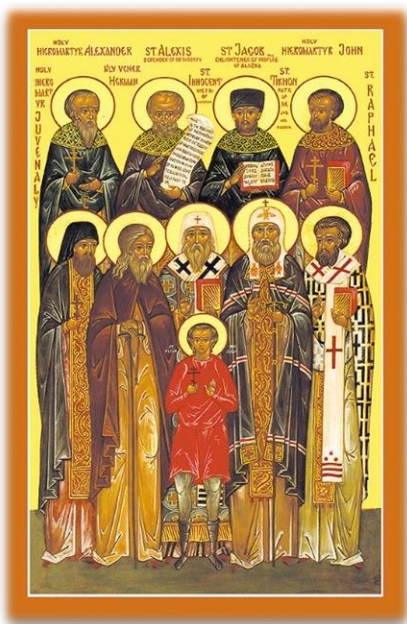


Diocese of Eastern Pennsylvania + Wilkes-Barre Deanery

Elevation of the Holy Cross Orthodox Church Williamsport, PA.



Saints of All America
2nd Sunday After Pentecost

July 4th, 2021

Elevation of the Holy Cross Orthodox Church

1725 Holy Cross Ln
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Today's Scripture Readings:

Epistle: Hebrews 11:33-12:2, Romans 2:10-16
Gospel: St. Matthew 4:25-5:12, St. Matthew 4:18-23

A very warm & festive (July 4th) welcome to everyone, and especially to our visitors this morning! Please join us for some fellowship after in the Parish Hall!

Services, Events & Announcements

+ *Compline/Bible Study – Wednesday July 7th @ 5:30pm*

+ *Great Vespers – Saturday July 10th @ 5pm*

+ *Divine Liturgy – Sunday July 11th @ 10am (Hours @ 9:40)*
Fellowship following in the Hall.

+ **1st Official Announcement Special Parish Meeting – Sunday July 18th** to discuss and vote on a new roof for the Church and ceiling repair inside.

+ **THANK YOU** for your gifts and cards and remembering my birthday!! Fr. Seraphim 😊

Our Giving – June 27th, 2021

Tithes/Offerings - \$2,823.00

Candle Offerings – \$86.00

Regarding Holy Communion: Only those faithful who are Orthodox Christians and have **properly prepared themselves** by **fasting, prayer** [i.e., *Prayers Before Communion*], **recent confession**, and who were *at least present for the reading of the Epistle and Gospel* should approach to receive the Holy Eucharist. *We should all be at peace with each other too.* If you have any questions about Communion, please see Fr. Seraphim. 😊

Inspiration from the Louhs

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. **Matthew 11:28-29**

“The world is full of the temptation to be busy, to do and be more, and to live in more noise than quiet. It’s easy to forget that the soul is depending on the body in which it is housed, to not work against its efforts to live for God. And as responsibilities, demands and needs surround our daily lives, sometimes it’s hard to know how much is too much, or where to draw the line in responding to the world around us.

But the spiritual life requires us to know ourselves, to pay attention to the signals and to protect time to replenish our souls. Signals like irritability, despair, lack of desire and even a struggle to give and receive love in ways that would normally feel natural, are all signs that remind us to draw back by honoring, listening to, and respecting the body in order to keep

the soul nourished. **So if you are someone who has** trouble setting healthy boundaries day after day, week after week, remind yourself that to keep going, to keep moving towards God's purpose for your life, to love others well, and to better put on the image of Christ, you must take time to seek God in stillness and solitude. Setting boundaries is not selfish, it is the self-care needed to nourish the efforts of your soul in trying to better live in Christ's image. Where might you need to draw a better boundary in your life today?"

*Rev. Dr. Nicholas & Dr. Roxanne Louh
St John the Divine Orthodox Church
Jacksonville, Fl.*

"To repent is not to look downwards at my own shortcomings, but upwards at God's love, it is not to look backwards with self-reproach but forward with trustfulness, it is to see not what I have failed to be, but what by the grace of Christ I might yet become."

St. John Climacus

Prayers For the Health and Salvation of those in need: Many Years!

Priestmonk Ambrose (Young), Abbot Tryphon, Mitred-Archpriest Nicholas (Harris), Mitred-Archpriest Daniel & Mat. Myra (Kovalak), Pres. Eva (Koutroulelis), Mat. Seraphima (Hunter) and the child to be born of her, Mary (Federoff) and the child born of her, Helen Maybo, Paul Beard, Evelyn Chabal, Phoebe Davis, Michael Kuzmiak, Juliana Matusiak, Michael Juran, & the child Marcus Linnehan

Prayers for the Newly Departed: Memory Eternal!

Archpriest Sergei Droba +6/7, Deacon Stephen Hall +6/10 & Peter Petronka +6/27