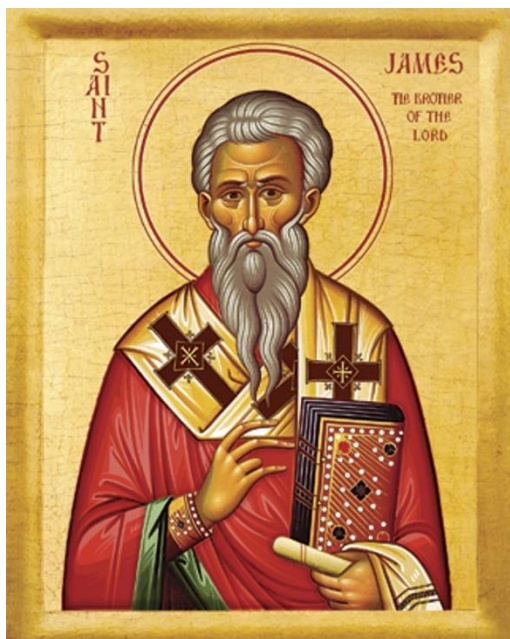


Diocese of Eastern Pennsylvania + Wilkes-Barre Deanery

Elevation of the Holy Cross Orthodox Church Williamsport, PA.



*Holy Apostle James, The
Brother of the Lord*

October 16th, 2022

Elevation of the Holy Cross Orthodox Church

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Today's Scripture Readings:

Epistle: 2 Corinthians 11:31-12:9; Galatians 1:11-19
Gospel: St. Luke 16:19-31; St. Matthew 13:54-58

A very warm welcome to our visitors this morning!
Please join us after in the Fellowship Hall!

Services, Events & Announcements

- + *Compline and Bible Study* – Wednesday October 26th @ 5:30
We are studying the Book of Acts . . . please join us!
- + *Great Vespers* – Saturday October 29th @ 5
- + *Divine Liturgy* - Sunday October 30th @ 10 (Hours @ 9:40)
Fellowship following in the Hall
- + **1ST OFFICIAL ANNOUNCEMENT** - *Parish Annual Meeting – Sunday November 6th*
- + Please remember our *Benevolence Fund* 😊

Our Giving – October 16th, 2022

Tithes/Offerings - \$1,441.00 / Online Giving - \$150.00

Candle Offerings – \$100.00

Memorial Fund - \$100.00 (Helen Maybo)

Thank you for your generosity!

Regarding Holy Communion: Only those faithful who are Orthodox Christians and have **properly prepared themselves** by **fasting, prayer [i.e., Prayers Before Communion], recent confession,** and who were *at least present for the reading of the Epistle and Gospel* should approach to receive the Holy Eucharist. *We should all be at peace with each other too.* If you have any questions about Communion, please see Fr. Seraphim. 😊

A Defeatist Attitude is a Prescription for Defeat

"For the thing which I greatly feared is come upon me, and that which I was afraid of is come unto me (Job 3:25)."

As Christians we must believe that our ultimate welfare is in the hands of God and recognize that our life, although filled with many difficulties and struggles, is a journey of anticipation to the Eternal Life that is to come. Because this journey is not without sorrow and pain, worry and anxiety, it is easy to surrender to a defeatist attitude, and act as though we have no hope.

Our attitude, and even our speech, reflect on the health of our soul, and should be a key sign as to the wellness of our heart. If we are prone to complaining about our lives, or complaining about those around us, it is unlikely we will be prepared to choose a positive direction when the choice is before us.

The way we relate to others has an affect on their lives, and ours. If we make an effort to be positive, and live our lives with hope and faith, those around us profit, and everyone becomes healthy in spirit and in heart. Giving ourselves over to anxiety and fear does nothing but bring us down, and it pulls those around us down as well. Allowing ourselves to speak negatively does nothing to promote well-being, and can in fact be the cause of a worsening

situation. Approaching life with a defeatist attitude is a surefire way of being defeated in the end.

The great King Solomon said, "To everything there is a season, a time for every purpose under Heaven: A time to keep silence, and a time to speak (Ecclesiastes 3:1,7)". Negative speech contributes nothing to the heart but death. Receiving everything that comes our way with joy is the only way to bring about the healing of the heart. Negative speech is a reflection of a heart that is in need of healing, but joyful speech is like water for a thirsty plant that brings forth fruit for all around.

With love in Christ,

Abbot Tryphon – All Merciful Saviour Monastery, Vashon Island, WA.

"Bear with humble submission to the will of God every sorrow, every sickness and infirmity... saying 'Thy Will be done,' knowing that God's mercy orders everything for your good, and that the Lord can easily change every disappointment into happiness and joy."

✙ St. John of Kronstadt

Prayers For the Health and Salvation of those in need: Many Years!

Priestmonk Ambrose (Young), Abbot Tryphon, Mitred-Archpriest Nicholas (Harris), Mitred-Archpriest Daniel & Mat. Myra (Kovalak), Archpriest Moses (Berry), Pres. Eva (Koutroulelis), Pres. Rosy (Tanveer), Paul Beard, Evelyn Chabal, Phoebe Davis, Michael Kuzmiak, Juliana Matusiak, Catherine Mann, Elias Ciaccio & those suffering in Ukraine and from the effects of Hurricane Ian

Prayers for the Newly Departed: Memory Eternal!

Priest Andrew Diehl +10/15, Helen Maybo +10/11 & those who have lost their lives in Ukraine and from Hurricane Ian